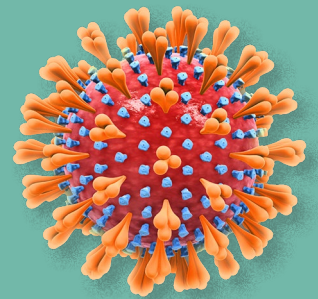


Coronavirus and health issues



Take extra care if you are older or have health issues

- * Heart problems
- * Diabetes
- * Breathing difficulties

Things you can do



Stay away from crowds



Avoid sick people



Make a plan for if you get ill - your care, food & tablets



If you are worried
DO NOT go to your GP
Stay home and phone
NHS 111